



## Winter 2024 Co-Curriculars

### Start Dates / End Dates / No Class Dates

Monday classes: Starts Jan. 8 / Ends March 11 / No class Jan. 15 and Feb. 19

Tuesday classes: Starts Jan. 9 / Ends March 12

Wednesday classes: Starts Jan. 10 / Ends March 13

Thursday classes: Starts Jan. 11 / Ends March 7

Friday classes: Starts Jan. 12 / Ends March 8 / No class Feb. 16

*Any exceptions to start dates, end dates and no class dates are noted in the class details*

### MONDAY CLASSES

#### Drawing Club with Young Rembrandts (Mondays)

Time: 3:15-4:15 p.m. | Location: OSP | Grades: K-2 | Price: \$385

Vendor: Young Rembrandts

Description: This session's selection of drawings introduces our students to a fascinating world of color, pattern, and design. We explore color usage and composition in our themed drawings. Students will learn cultural themes, for example Kawaii art. Your students will learn important artistic themes and concepts in our informative art history lessons. All this and more awaits your child in the Young Rembrandts classroom! All class supplies will be provided.

#### Volleyball (Mondays)

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 2-3 | Price: \$425

Teacher: Faline Blanchard, Jenny Stricker

Description: At this level, we will build on the foundation that encourages your athlete to learn to play volleyball. The coaches will focus on basic skills such as bumping, proper hand grab and stance, underhand serve, and setting. Along with these basic skills, we will also stress the importance of sportsmanship, teamwork, and attitude. We want all the kids to feel that they are part of a team but at the same time have individual goals to learn and get better as the season progresses. We will introduce your athlete to how to set up and rotate on the court. This will give them the opportunity to use the skills they are learning in a game situation.

### **STEAM Lab (Monday)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 1-3 | Price: \$385

Teacher: Lindsay Mosshammer

Description: Join the Maker Movement! Explore the engineering design process through hands-on STEM tasks, challenges, and projects. Test your problem-solving skills through engineering, product-testing, coding, 3D printing and more! Lessons varied based on age and experience.

### **Mandarin (Mondays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: K-3 | Price: \$385

Vendor: ChinaFriends

Description: We provide an immersive environment to promote fast daily progression of Mandarin Chinese characters, native pronunciation, culture, vocabulary, and conversations by interacting through famous traditional stories.

### **Magic (Mondays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 1-3 | Price: \$385

Vendor: Nexplore

Description: Welcome to the world of Magic where every child is a star! In this unique course, students build self-confidence, performance skills, and theatrical charm to wow their audience with tricks from their very own magic kits! New to the world of magic? This is the perfect place to start! This course offers an experienced instructor, a step-by-step guidebook, and access to tutorial videos so children can continue their practice at home.

### **Spanish (Mondays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-8 | Price: \$385

Teacher: Karolina Cuevas Hernandez

Description: Are you creative, energetic, and dynamic? Do you like visual arts? Are you interested in the world of oral and written communication? Would you like to work in a team to promote our school events while practicing your Spanish skills? If you have answered yes to any of these questions, then the Spanish Club is for you. Our new Spanish club is looking for students who would like to announce and promote weekly events and activities to our community in the Spanish language. In addition, you will learn and discuss the cultural background of many of these celebrations and activities through Spanish movie clips and short stories. If you are interested in practicing Spanish or improving your oral and writing skills, the Spanish club is for you!

### **Improv (Mondays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-8 | Price: \$425

Teacher: Jeff Predmore

Description: In this class we will learn and play many fun improvisational theatre games. It is a wonderful place to express your creative side and think and react in the moment.

### **Philosophy & Ethics (Mondays)**

Time: 3:30-4:45 p.m. | Location: HNC | Grades: 5-8 | Price: \$385

Teacher: Lane Lubell

Description: Join Mr. Lubell for a series of fun games and discussions to unlock your inner philosopher! Each week, we will learn the overview of a philosophical concept before relating it to real world situations and thought experiments. If you are interested in law, politics, or the humanities, this is the class for you!

### **Build a Bot (Mondays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-6 | Price: \$425

Vendor: Nexlore

Description: Calling All Engineers and Scientists! Build A Bot Workshop is an inquiry-based, fun, and hands-on STEAM experience designed for K- 8th grade students who aspire to build Robots. In this program, students will build a series of Robots each of which operates with a different mechanism and designed for a unique purpose such as: Vacu-Bot, Brush Bot, Drawing-Bot, Crawling Bot, Walking Bot, Spider Bot as well as propeller and Solar Cars. This program is fully aligned with NGSS standards. On top of all that, students get to keep and play with their creations.

### **Game Coding (Mondays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-6 | Price: \$425

Vendor: VineyardApp Camp

Description: Ever want to build your games or app? Love Roblox or Minecraft? Well, this is the class for you! In this course, students will learn the skills of a coder through conceiving, designing, and creating their own mobile app games. The resulting games can be shared online and texted to friends for them to play on their phones. It is a great way to combine learning and fun with becoming a game developer. You do not need any previous experience or special software to take this class, all you need is your creativity and a laptop.

### **Pickleball (Mondays)**

Time: 3:45-5 p.m. | Location: HNC/Lakeshore | Grades: 4-8 | Price: \$540

Vendor: Lakeshore Sport & Fitness

Description: Learn the fastest growing sport in the U.S.! It is a combination of Tennis, Badminton and Ping Pong. Learn the fundamentals and get ready to play singles and in teams! Cost includes transportation to the Lakeshore Sport & Fitness, 211 N. Stetson Ave. Parents/Guardians pick up at conclusion of lesson at Lakeshore Sport & Fitness.

### **Golf (Mondays)**

Time: 3:45-5 p.m. | Location: HNC/Lakeshore | Grades: 4-5 | Price: \$540

Vendor: Lakeshore Sport & Fitness

Description: Learn the fundamentals of golf and more! Perfect your swing, improve your putting, play the 15 most challenging courses in North America. Cost includes transportation to the Lakeshore Sport & Fitness, 211 N. Stetson Ave. Parents/Guardians pick up at conclusion of lesson at Lakeshore Sport & Fitness.

### **Swimming (Mondays)**

Time: 3:45-5 p.m. | Location: HNC/Lakeshore | Grades: 1-2 | Price: \$635

Vendor: Lakeshore Sport & Fitness

Description: Swimming is a great activity to build confidence, self-esteem, and water skills that will last a lifetime. Testing will occur the first day of class to determine the level of each student. Our curriculum and instructor training is developed by staff with Olympic and International experience. Cost includes transportation to the Lakeshore Sport & Fitness, 211 N. Stetson Ave. Parents/Guardians responsible for pick up at conclusion of lesson at Lakeshore Sport & Fitness.

### **Puppeteer Engineers (Mondays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 1-3 | Price: \$425

Vendor: Nexus Performing Arts

Description: Join us as we create, engineer, use and interact with puppets that are filmed for a mini-episode, revealing the behind-the-scenes magic of timeless shows like Sesame Street, The Muppets and Lamb Chop's Play-Along!

## **TUESDAY CLASSES**

### **Tumbling/Gymnastics (Tuesdays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: K-3 | Price: \$495

Teacher: Faline Blanchard, Jenny Striker, Sarina Klein

Description: We help build self-esteem through accomplishments, develop an awareness of safety through the practice of skills, and instill the core values of caring, honesty, respect and responsibility. This program is progressive, building upon basic skills and progressing toward mastery of techniques, and eventually toward other aspects of tumbling/gymnastics and the potential for lifelong involvements in gymnastic programs. Participants will learn skills on balance beam, vault, and floor.

### **Stop Motion Animation (Tuesdays)**

*Class ends Feb. 27*

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 1-3 | Price: \$425

Teacher: Lindsay Mosshammer

Description: Lights, Camera, Action! Explore the principles behind stop-motion animation, a filmmaking technique that makes inanimate objects appear to move on their own. Develop storyboards, plan out scenes, and master the art of digital storytelling. Lessons varied based on age and experience.

### **Preschool Book Club (Tuesdays)**

*No Class Feb. 6*

Time: 3-4 p.m. | Location: OSP | Grades: Preschool | Price: \$425

Teacher: Corissa Cardenas

Description: Come and explore books through read-alouds and play! Read-aloud is an instructional practice where teachers and grown-ups read texts aloud to children. The reader incorporates variations in pitch, tone, pace, volume, pauses, eye contact, questions, and comments to produce a fluent and enjoyable delivery. Reading texts aloud is the single most important activity for building the knowledge required for successful reading. Come and join Ms. Cardenas as we engage in a variety of fun read-alouds!

### **Kindergarten Book Club (Tuesdays)**

*No Class Feb. 6*

Time: 4:15-5:15 p.m. | Location: OSP | Grade: K | Price: \$425

Teacher: Corissa Cardenas

Description: Come and explore books through read-alouds and play! Read-aloud is an instructional practice where teachers and grown-ups read texts aloud to children. The reader incorporates variations in pitch, tone, pace, volume, pauses, eye contact, questions, and comments to produce a fluent and enjoyable delivery. Reading texts aloud is the single most important activity for building the knowledge required for successful reading. Come and join Ms. Cardenas as we engage in a variety of fun read-alouds!

### **Jr Chef (Tuesdays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 2-3 | Price: \$425

Vendor: Jr. Chef Kitchen Staff

Description: Junior Chefs Kitchen is a new cooking class concept by FXW mom Niki Cordell. We enrich young lives through a culinary and nutritional educational adventure. We will foster a love of cooking, independence, communication and cooperation while increasing access to food nutrition plus your kids will enjoy a delicious recipe they made themselves! The curriculum is prepared by our trained chef and director of operations and Amanda, our registered dietician. Please note we are peanut free but cannot guarantee we are 100% free from the other Big 7 allergens. Learn more at [juniorchefskitchen.com](http://juniorchefskitchen.com) and get excited to start cooking!

### **Clay Club I (Tuesdays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 2-3 | Price: \$425

Teacher: Efren Adkins

Description: Clay Club is a chance for your young artist to delve deeper into the world of ceramics. Each artist will be guided through new techniques in both hand building (sculpture) and pottery. Projects will also include glazing techniques and even the chance to try out a pottery wheel. We will learn about and even meet (virtually) artists who work with this incredible medium. Clay Club will give time and space for larger projects and series. This is the perfect opportunity for students who crave more art making time than their learning schedules allow.

### **Clay Club II (Tuesdays)**

Time: 4:20-5:20 p.m. | Location: OSP | Grades: 2-3 | Price: \$425

Teacher: Efren Adkins

Description: Clay Club is a chance for your young artist to delve deeper into the world of ceramics. Each artist will be guided through new techniques in both hand building (sculpture) and pottery. Projects will also include glazing techniques and even the chance to try out a pottery wheel. We will learn about and even meet (virtually) artists who work with this incredible medium. Clay Club will give time and space for larger projects and series. This is the perfect opportunity for students who crave more art making time than their learning schedules allow.

### **Guitar Explorers (Tuesdays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 1-3 | Price: \$425

Vendor: Mr. Michel Chaterra-Morse

Description: Our guitar class focuses on fun and active musicmaking, with an emphasis on building a good musical foundation for students from grades 1-3. Students will learn good tone production, melodic playing, rhythm, rhythmic playing, and to be creative! We will learn great songs from around the world. From rock to folk to flamenco to blues, we will take a guitaristic journey. Each song is specifically picked to extend and enrich the lessons learned from previous songs. Through a rich repertoire, students will learn the fundamentals of playing technique, musicality, and music theory. Most importantly, through the guitar we will gain a well-rounded musical understanding and love for music. Please join us to help make the world a better place through music!

### **ScienceWhiz (Tuesdays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: K-2 | Price: \$450

Vendor: Nexlore

Description: Blast off with Newton's laws of motion and prepare to excel in Physics! Develop a fundamental understanding of inertia, the laws of motion, centripetal force, mass, weight, velocity, and acceleration. Concepts are covered with time-tested experiments and highly visual illustrations.

### **Filmmakers (Tuesdays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-8 | Price: \$425

Teacher: Jeff Predmore

Description: Come and learn how to make a movie or put some of your fun ideas on film. You will work with your peers to write, act, direct, film and edit your own mini movie projects.

### **Introduction to Sportswriting (Tuesdays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades 7-8 | Price: \$425

Teacher: Jimmy Greenfield

Description: Students will learn how to conduct an interview, and how to craft a game story and a feature article. We will discuss the history of sportswriting, and students will discover the best of local and national sports journalism. Students will learn do's and don'ts of being a sports journalist, including how to handle yourself in a locker room and whether or not it's OK to be a fan of a team you cover (hint: it's not OK). Taught by FXW Communications Manager Jimmy Greenfield, former Chicago Tribune sportswriter and author of "100 Things Cubs Fans Should Know & Do Before They Die."

### **Competition Math Team (Tuesdays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 5-8 | Price: \$425

Teacher: Steven Ripes

Description: The FXW Competition Math Team is for students who enjoy exploring and having fun with mathematics. Members are students who are at or above grade level in their math class and enjoy competing with other students. Team practices include solving and discussing math problems to prepare for live and/or virtual math competitions throughout the winter season. The team's mission is to provide a mathematical experience beyond the classroom and have an interest in mathematics, logic, independent learning, competition, and teamwork. Mathletes are collaborative, curious, and competitive. We work together to explore non-traditional math problems that intrigue and stretch our minds.

### **Drones (Tuesday)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-6 | Price: \$475

Vendor: Nexlore

Description: Nexlore Drones is an Aerospace engineering course designed for students to be able to design their drones and encourage students to explore different drone-based careers. Students interact with state-of-the-art drones and learn how to pilot, and how to log a flight while encouraging them to act as inventors in their own safe space. Students build and personalize their own remote-controlled drones to complete missions, based on real-life scenarios, such as flying medicine to a remote part of the African savannah or delivering mail a few blocks over in your neighborhood to a friend! Drone usage is an innovative skill that is on the rise, in demand in today's age. Drones in the air up, up, and away!

### **Hip Hop/Break Dancing (Tuesdays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 1-3 | Price: \$425

Vendor: Nexus Performing Arts

Description: We will learn the fundamentals of breakdancing such as top rock, down rock and freezes. As we explore the importance of breakdancing, and its impact on pop culture, we will dive into contemporary storytelling where music and beginner filmmaking overlap.

## **WEDNESDAY CLASSES**

### **Soccer (Wednesdays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grade: 2 | Price: \$425

Teacher: Rodney Trask

Description: FXW Grade 2 teacher and Chicago Fire FC Youth soccer coach Rodney Trask will be getting the ball rolling this winter at FXW for second graders. His weekly sessions will include technical skills, age-appropriate skill-based games, and more. Join Mr. Trask for an opportunity to build passion for the game, learn some new skills, and score lots of goals! Mr. Trask has been coaching and running his FXW soccer program for 15 years. Students will not be required to wear any soccer-specific gear. School clothes and gym shoes are all that is required.

### **Knitting (Wednesdays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 1-3 | Price: \$425

Teacher: Maya Martin

Description: Enjoy knitting? Interested in learning? Come join Ms. Martin on Wednesdays! We will learn finger knitting and needle knitting and explore different knitting projects such as scarves, dolls, rugs, hats, and so much more! Students will keep any projects they create! Let's see where our knitting imagination takes us!

### **Cheerleading Jrs (Wednesdays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grade: 1 | Price: \$425

Teacher: Sarina Klein

Description: This cheerleading class, taught by Mrs. Sarina, will introduce basic cheer skills where we will also learn chants, work on cheer jumps, team building and even learn cheer/dance!

### **Authors and Artists (Wednesdays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grade: K | Price: \$425

Teacher: Victoria Krolkowski

Description: Are you ready to have fun, read and create? We will discover a new author each week and learn about fiction and non-fiction books! Students will learn a little bit about each new author, hear a story written by each specific author and finish by making a craft inspired by the story. Students will get a chance to be creative with all different types of art supplies, practice their fine motor skills and meet new friends from other classrooms. Stories and crafts are different from fall session of Authors and Artists.

### **Rock Climbing (Wednesdays)**

Time: 3:45-5 p.m. | Location: Lakeshore Sport & Fitness | Grades: 2-3 | Price: \$475

Vendor: Lakeshore Sport & Fitness

Description: Experience the thrill of climbing North America's tallest indoor rock-climbing wall which towers 10 stories over our Illinois Atrium! You will learn problem solving skills as you work your way up the wall improving your strength one handhold at a time. Shoes and harness are provided but if you prefer to bring your own, you can. Cost includes transportation to the Lakeshore Sport & Fitness, 211 N. Stetson Ave. Parents/Guardians pick up at conclusion of lesson at Lakeshore Sport & Fitness.

### **Lego Robotics (Wednesdays)**

*Class will end on Feb. 28*

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 1-3 | Price: \$425

Teacher: Lindsay Mosshammer

Description: Developed as an introduction to robotics, the LEGO® WeDo robotics system engages students in technology experiments. Use icon-based coding to build and program a variety of robots through guided and open-ended projects. Lessons varied based on age and experience.

### **Jr. Chefs (Wednesday)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: K-1 | Price: \$425

Vendor: Jr Chef Kitchens

Description: Junior Chefs Kitchen is a new cooking class concept by FXW mom Niki Cordell. We enrich young lives through a culinary and nutritional educational adventure. We will foster a love of cooking, independence, communication & cooperation while increasing access to food nutrition plus your kids will enjoy a delicious recipe, they made themselves! The curriculum is prepared by our trained chef and director of operations and Amanda, our registered dietician. Please note we are peanut free but cannot guarantee we are 100% free from the other Big 7 allergens. Get excited to start cooking!

### **Intro to Model UN (Wednesday)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 6-8 | Price: \$425

Teacher: Rajni Hasija

Description: Learn about the history of the MUN (Model UN) which introduces the activities of the United Nations, allowing students to understand the format of debates, negotiate resolutions, and tackle complex global challenges. Students gain a deeper understanding of international relations and diplomacy and gain an insight into the functioning of the United Nations itself. They will also learn research and debate skills.



### **Musical Theatre (Wednesdays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-8 | Price: \$425

Teacher: Jeff Predmore

Description: Students will select songs from musicals and pop culture, and work on choreography and staging for the song. In the end we will perform a musical showcase featuring HNC's talented singers.

### **Comic Book Club (Wednesday)**

Time: 3:30-5 p.m. | Location: HNC | Grades: 4-8 | Price: \$450

Teacher: Efren Adkins

Description: Comic Book Club (for short) will be a weekly space for young artists and enthusiasts of the world of comics, graphic novels, manga and anime. Students will be given instruction in drawing techniques, inking, watercolor to create narrative art. Guidance will provide how to create your own characters, zines and books. We will discuss the work of masters of the craft and learn from their work by creating drawing studies. We will also have the opportunity to meet (virtually) professional comic artists.

### **Golf (Wednesdays)**

Time: 3:45-5 p.m. | Location: Lakeshore Sport & Fitness | Grades: 6-8 | Price: \$600

Vendor: Lakeshore Golf Staff

Description: Learn the fundamentals of golf and more! Perfect your swing, improve your putting, virtually play the 15 most challenging courses in North America. Cost includes transportation to the Lakeshore Sport & Fitness, 211 N. Stetson Ave. Parents/Guardians pick up at Lakeshore Sport & Fitness.

### **Hollywood Stunts (Wednesdays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-6 | Price: \$425

Vendor: Nexus Performing Arts

Description: We will learn and explore the art of stage and screen combat. Stunting is one of the most important (and overlooked) professions in the arts & entertainment industry. Without stunting, films, TV shows and plays/musicals could not feature stage combat, flipping, diving, rolling, falling, flying, jumping, etc. Using original and updated techniques, we will safely learn and practice stunting while sharing insider secrets, tips and tricks.

## **THURSDAY CLASSES**

### **Basketball for Boys and Girls (Thursday)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 2-3 | Price: \$385

Teacher: Faline Blanchard

Description: At this level, we will build on the foundation that encourages your athlete to learn to play the game of basketball. The coaches will focus on basic skills such as dribbling, passing, lay-ups, and shooting. Along with these basic skills, we will also stress the importance of sportsmanship, teamwork and attitude. We want all the kids to feel that they are part of a team but at the same time have individual goals to learn and get better as the season progresses. We will introduce 3-on-3 play during the second half of the program. The idea of 3-on-3 will help with spacing and allow the athlete to play with more freedom. From there we will move on to 4-on-4 and hopefully 5-on-5 by the end of the session.

### **Cheerleading (Thursdays)**

*No Class March 7*

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 2-3 | Price: \$385

Teacher: Sarina Klein

Description: Ms. Sarina will introduce basic cheer skills where we will also learn chants, work on some gymnastic skills, cheer jumps and even learn a dance!

### **Hollywood Stunts (Thursdays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grade: 3 | Price: \$385

Vendor: Nexus Performing Arts

Description: We will learn and explore the art of stage and screen combat. Stunting is one of the most important (and overlooked) professions in the arts & entertainment industry. Without stunting, films, TV shows and plays/musicals could not feature stage combat, flipping, diving, rolling, falling, flying, jumping, etc. Using original and updated techniques, we will safely learn and practice stunting while sharing insider secrets, tips and tricks.

### **Chess (Thursday)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 1-3 | Price: \$385

Teacher: Rafael Rinconeno

Description: Develop your child's intellect and problem-solving skills through the royal game of chess! Current research has shown a strong link between chess and academic performance in various areas, including science, mathematics, and language arts. Also, chess has been proven to enhance children's memory, problem solving, motivation, concentration, focus, social skills, and creativity.

### **Coding with Scratch (Thursday)**

*Class ends Feb. 29*

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 1-3 | Price: \$385

Teacher: Lindsay Mosshammer

Description: An introductory exploration of the fundamentals of coding using simple block-based programming. Create digital stories using ScratchJr and/or Scratch 3.0. Explore robotics, video animation, and game design. Lessons varied based on age and experience.

### **Yoga (Thursday)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-8 | Price: \$385

Teacher: Rajni Hasija

Description: Did you know that yoga can help to increase academic readiness! We are excited to help you learn and master physical movement and mindful exercises that could help to prepare the brain for learning! In our winter yoga session, the students will be introduced to different yoga poses, postures, and positions to help them improve flexibility, muscle strength and body tone. The focus would be on breathing exercises, meditation, and asanas or poses that stretch and flex various muscle groups.

### **Drama Troupe (Thursday)**

*No Class on Jan. 26 and March 21. This class runs for the rest of the year and will end on May 30.*

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-8 | Price: \$795

Teacher: Jeff Predmore

Description: This is a double session, and students must be available to attend the winter and spring drama troupe session on Thursdays. We will be working on one big project that will extend through the remainder of the year.

### **Makerspace (Thursday)**

Time: 3:30-4:45 p.m. | Location: HNC | Grades: 4-8 | Price: \$385

Teacher: Cornelius Van Der Hout

Description: Supervise and challenge students to use multiple tools, building materials and an open workspace to be creative and to develop a long-term project.

### **Cursive Writing/Keyboarding (Thursdays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-5 | Price: \$385

Teacher: Robert Jasenof

Description: Learn how to be a more efficient writer and notetaker. Learn the basics of cursive writing and how to type proficiently on a keyboard using an iPad.

### **Jr Chef (Thursdays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-8 | Price: \$385

Vendor: Jr Chef Kitchens Staff

Description: Junior Chefs Kitchen is a new cooking class concept by FXW mom Niki Cordell. We enrich young lives through a culinary and nutritional educational adventure. We will foster a love of cooking, independence, communication and cooperation while increasing access to food nutrition plus your kids will enjoy a delicious recipe, they made themselves! The curriculum is prepared by our trained chef and director of operations and Amanda, our Registered Dietician. We are peanut free but cannot guarantee we are 100% free from the other Big 7 allergens. Learn more at [juniorchefskitchen.com](http://juniorchefskitchen.com).

### **Guitar (Thursdays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-8 | Price: \$385

Vendor: Michel Chatarra-Morse

Description: Explore great guitar music including rock and roll and contemporary music styles. We will learn how to play and practice power chords, rhythms, and melodic solos. Students are free to bring their acoustic or electric guitars or rent one of the available guitars. Students will leave with more ability and confidence in their guitar playing.

### **Journalism (Thursdays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-8 | Price: \$385

Vendor: Vineyard App Camp

Description: Do you love writing? Have you ever wanted to publish articles online, or have something you wrote go viral? In this budding writer club, you will work on the above as you learn how to be a junior journalist. You will interview your friends, learn how to write well, and craft weekly articles about school events. At the end of the class, you and your friends will team up to write a real article that will be published in a local newspaper.

## FRIDAY CLASSES

### **Taekwondo (Fridays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: K-3 | Price: \$415

Vendor: LeeHan Martial Arts

Description: Self-discipline, respect towards each other, self-control, self-defense, and leadership development, are mentioned by parents as some of the key benefits your child may derive from learning Taekwondo. This program is for all fitness levels and is family friendly. Your child does not need any experience. Join us and have a fun and memorable time! Students will learn self-defense, build a positive mental attitude and also improve confidence and focus. Price includes end of semester belt test!

### **Knitting (Friday)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 1-3 | Price: \$355

Teacher: Maya Martin

Description: Enjoy knitting? Interested in learning? Come join Ms. Martin on Fridays! We will learn finger knitting and needle knitting and explore different knitting projects such as scarves, dolls, rugs, hats, and so much more! Students will keep any projects they create! Let's see where our knitting imagination takes us!

### **Chess (Fridays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 1-3 | Price: \$355

Teacher: Rafael Rinconeno

Description: Develop your child's intellect and problem-solving skills through the royal game of chess! Current research has shown a strong link between chess and academic performance in various areas, including science, mathematics, and language arts. Also, chess has been proven to enhance children's memory, problem solving, motivation, concentration, focus, social skills, and creativity.

### **3D Printing (Fridays)**

Time: 3:15-4:15 p.m. | Location: OSP | Grades: 1-3 | Price: \$415

Vendor: Nexplore

Description: Nexplore 3D Printing makes learning limitless as students make concepts come alive from 2D to 3D! Using 3Doodler's 3D printing pens, students break down complex topics into hands-on, approachable concepts, bringing science, technology, engineering, math, and design concepts to life. 3Doodler bridges differences in learning styles and engages students in a way that promotes teamwork, creative thinking, self-expression, and focus. After only using 3Doodler's 3D printing pens for a short time, students will become engineers, designers, and scientists in their own classrooms, camps, or learning groups.

### **Taekwondo (Fridays)**

Time: 4:15-5:15 p.m. | Location: OSP (HNC Students travel via bus to OSP) | Grades: 4-8 | Price: \$415

Vendor: LeeHan Martial Arts

Description: Self-discipline, respect towards each other, self-control, self-defense, and leadership development, are mentioned by parents as some of the key benefits your child may derive from learning Taekwondo. This program is for all fitness levels and is family friendly. Your child does not need any experience. Join us and have a fun and memorable time! Students will learn self-defense, build a positive mental attitude and improve confidence and focus. Price includes end of semester belt test!

### **Hip Hop/Break Dancing (Fridays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-6 | Price: \$355

Vendor: Nexus Performing Arts

Description: We will learn the fundamentals of breakdancing such as top rock, down rock and freezes. As we explore the importance of breakdancing, and its impact on pop culture, we will dive into contemporary storytelling where music and beginner filmmaking overlap.

### **Chess (Fridays)**

Time: 3:30-4:30 p.m. | Location: HNC | Grades: 4-8 | Price: \$355

Vendor: GM Chess Academy

Description: Our team consists of carefully selected instructors with love and skill for the game of chess, a great ability to communicate, a passion for teaching, and the ability to use these qualities to create a fun and challenging learning environment for our students! We are proud to have two Grandmasters on our team who selflessly share their vast knowledge and experiences with our students. We offer rigorous training in chess while making the process fun with skilled and engaging instructors and an eye toward personal growth.

### **Rock Climbing (Fridays)**

Time: 3:45-5 p.m. | Location: Lakeshore Sport & Fitness | Grades: 4-8 | Price: \$475

Vendor: Lakeshore Sport & Fitness

Description: Experience the thrill of climbing North America's tallest indoor rock climbing wall which towers 10 stories over our Illinois Atrium! You will learn problem solving skills as you work your way up the wall, improving your strength one handhold at a time. Shoes and harness are provided but if you prefer to bring your own you can. Cost includes transportation to the Lakeshore Sport & Fitness, 211 N. Stetson Ave. Parents/Guardians pick up at conclusion of lesson at Lakeshore Sport & Fitness.

### **Swimming (Fridays)**

Time: 3:45-5 p.m. | Location: Lakeshore Sport & Fitness, 211 N. Stetson | Grades: 4-8 | Price: \$575

Vendor: Lakeshore Sport & Fitness

Description: Swimming is a great activity to build confidence, self-esteem, and water skills that will last a lifetime. Testing will occur the first day of class to determine the level of each student. Our curriculum and instructor training is developed by staff with Olympic and International experience. Cost includes transportation to the Lakeshore Sport & Fitness. Parents/ Guardians responsible for pick up at conclusion of lesson at Lakeshore Sport & Fitness.