



## **FXW Spring Sports**

### **Track & Field Practice and Meet Schedule**

#### **Track (Competition)**

When: Monday and Thursday, 3:30-5:30 p.m.

Where: Field at Sedgwick & Locust\*

First practice: March 13 / Last practice: May 18

\*Sprinter, Relay Participants practice at Lakeshore Park on Mondays.

#### **Field (Competition)**

When: Wednesday, 3:30-5 p.m.

Where: HNC Gym

First practice: March 15 / Last practice: May 18

#### **Track and Field Meet Schedule**

**April 2:** Windy City Invite #1

**April 16:** Southside #1

**April 23:** Windy City #3

**April 29:** Windy City #4

**April 30:** Southside #3

**May 13:** Sectionals (Select number of students)

**May 19 and 20:** State Meet (Sectional qualifiers)

**May 20 or 21:** CYO Meet

#### **After-School Track (No Competition)**

When: Monday and Thursday, 3:30-5:30 p.m.

Where: Field at Sedgwick & Locust

First practice: March 13 / Last practice: May 18