



FXW

Practice Schedules

(All practices at HNC except where noted)

GIRLS BASKETBALL

Grade 4

Monday: 3:30-4:45 p.m.

Thursday: 4:45-6 p.m.

Grade 5

Tuesday: 3:30-4:45 p.m.

Friday: 4:45-6 p.m.

Grade 6

Wednesday: 3:30-4:45 p.m.

Thursday: 5:30-7 p.m. **(at OSP)**

Grade 7

Monday: 6-7:15 p.m.

Wednesday: 5:30-7 p.m. **(at OSP)**

Grade 8

Wednesday: 6-7:15 p.m.

Sunday: 2-3:30 p.m.

BOYS BASKETBALL

Grade 4

Monday: 4:45-6 p.m.

Thursday: 3:30-4:45 p.m.

Grade 5

Tuesday: 4:45-6 p.m.

Friday: 3:30-4:45 p.m.

Grade 6

Tuesday: 5:30-7 p.m. **(at OSP)**

Wednesday: 4:45-6 p.m.

Grade 7

Monday: 5:30-7 p.m. **(at OSP)**

Tuesday: 6-7:15 p.m.

Grade 8

Thursday: 6-7:15 p.m. (Both Teams)

Sunday: 11 a.m.-12:30 p.m. (Varsity)

Sunday: 12:30-2 p.m. (Junior Varsity)